MAHARISHI AYURVEDA

HEALTH CENTRE BAD EMS

SINCE 1992

PRICE LIST|GTC

Valid from 1 January 2026






AYURVEDA TREATMENTS OF THE HIGHEST QUALITY in the heart of Germany

More than 30,000 satisfied guests

PREVENTION · REJUVENATION · REVITALISATION · HEALING

SOMETHING FOR EVERYONE

In this price list we have put together some sample treatment programmes for you.
However, your treatment plan is drawn up individually – according to your personal needs and the doctor's recommendations.
All programmes of four days or more already include the following medical services:

- Initial medical examination with pulse diagnosis
- Determination of dosha imbalances and therapy planning
- regular medical care
- and, from four days, a final medical consultation.

Additional services can of course also be booked for shorter stays. The treatments listed include a range of additional measures such as warming towels, heat packs or rest periods. These intensify the effect of your treatment and make the experience even more pleasant.

Here you will find further information about our services:

I. Medical care
II. Treatment prices
III. Full board and supporting programme
IV. Hotel prices
V. Package Costs

I. MEDICAL CARE

during the Panchakarma treatment

Medical fees are invoiced directly by Arztpraxis Aurel Christ.

Accompanying the Panchakarma treatment:
initial examination, therapy planning, preliminary treatment, regular medical care, recommendations for after the cure

• for 4 days	€445.00
• for 5 days	€465.00
• for 7 days	€505.00
• for 10 days	€565.00
• for 14 days	€645.00
• for 21 days	€785.00
• for each additional day	€20.00
• one free telephone follow-up with the attending doctor within 3 months	

Your medical flat rate includes regular consultations of up to 15 minutes every two days; in medical emergencies we are there for you at any time at no extra cost. Further consultations can be arranged at the Ayurveda reception; they are charged pro rata on the basis of the medical hourly rate of €239.

OUTPATIENT MEDICAL CONSULTATION

Initial consultation (duration: 60 min.)

- Thorough medical history
- Ayurvedic pulse diagnosis
- Practical recommendations and nutritional tips for use at home
- Prescription of Ayurvedic herbal preparations

Diagnosis and consultation €239.00

Follow-up consultation (duration: 30 min.) €119.00

• Surcharge for weekends and public holidays	€19.00
• Telephone consultation per 5 min.	€18.00

II. TREATMENT PRICES

Full-body synchronised oil massages

• Abhyanga (gentle massage)	• Kapha	€256.00
	• Pitta	€273.00
	• Vata	€279.00
• Vishesh (deep tissue massage)		€275.00
• Garshan (oil/dry massage)		€295.00
• Udvarthana (tissue-activating)		€312.00
• Pizhichill (under flowing oil)		€445.00
• Pizhichill with coconut oil		€496.00

Heat treatments

• Svedana (herbal steam bath)	€145.00

Medical enemas

• Matra-Basti (oil or ghee)	€136.00
• Shodana-Basti	€136.00
• Kshira-Basti	€136.00
• Brimhana-Basti	€136.00
• Veda-Matra (herbs or bitter ghee)	€176.00

Partial treatments

• Shirodhara (forehead oil pouring)	• short	€154.00
	• medium	€165.00
	• long	€176.00
• Takhradhara special		€398.00
• Shirobasti (herbal oil bath/head)		€276.00
• Nasya (extensive shoulder, neck and head massage, warm compresses and nasal treatment)		€240.00
• Karnapurana (tinnitus therapy)		€143.00
• Netra-Tarpana (eye treatment)		€158.00
• Shiroabhyanga (partial head massage)		€125.00
• Trigeminal neuralgia treatment		€121.00
• Padabhyanga (foot and lower leg massage)		€145.00
• Lepam (herbal packs)		€136.00
• Aromatherapy		€149.00
• Maharishi light therapy with gemstones		€99.00–€142.00
• Marma therapy		€121.00–€179.00
• Back massage		€110.00

Pain therapy

• Pinda-Sveda, local	€406.00
• Pinda-Sveda, treatment of several body areas	€454.00
• Kalari Marma Uzichill (5 positions)	€415.00
• Manual pain therapy	€186.00
• Patra Potali local	€135.00–€197.00
• Patra Potali large	€349.00–€415.00
• Podikili local	€114.00–€159.00
• Podikili large	€281.00–€349.00

Oil therapies

• Kativasthi (oil treatment of the lumbar spine)	€178.00
• Grivavasthi (oil treatment for shoulder problems)	€178.00
• Jaanuvasthi (oil treatment for non-inflammatory knee problems)	€178.00
+ 2nd knee	€235.00
• Hrid-Vasthi (oil treatment for heart problems)	€178.00
• Chakravasthi (for stomach and various stress problems)	€178.00
• Yakrithvasthi (for liver diseases & metabolic disorders)	€178.00
• Chakra-Hrid-Vasthi (oil therapy of the solar plexus and heart region)	€235.00
• Pichu (local oil compresses) (Depending on the complaint, the appropriate Pichu is applied to the head, heart, cervical, lumbar or entire spine, or to one or both knees.)	€178.00

GETTING TO KNOW AYURVEDA

Relax pampering day

• 1 x Abhyanga – Pitta	€273.00
• 1 x Shirodhara – medium	€165.00
• Video lecture: “Introduction to Panchakarma therapy”	
Total	€438.00*

Two days Royal (example)

• 1 x Abhyanga – Pitta	€273.00
• 1 x Shirodhara – medium	€165.00
• 1 x Vishesh	€275.00
• 1 x Svedana	€145.00
• Video lecture: “Introduction to Panchakarma therapy”	
Total	€858.00*

SHORT BREAK

Noticeable relaxation, cleansing and revitalisation within a few days. Ideal if you want to “recharge your batteries” in between.

Three days Regeneration (example)

• 2 x Abhyanga – Pitta	€546.00
• 1 x Udvarthana	€312.00
• 1 x Shirodhara – medium	€165.00
Total	€1,023.00*

Five days Vitalisation (example)

• 3 x Abhyanga – Pitta	€819.00
• 1 x Udvarthana	€312.00
• 3 x Shirodhara – medium	€495.00
• 1 x Svedana	€145.00
• 1 x Matra-Basti	€136.00
Total	€1,907.00*

Seven days Luxury Total (example)

For effective revitalisation

• 2 x Abhyanga – Pitta	€546.00
• 1 x Vishesh	€275.00
• 1 x Udvarthana	€312.00
• 2 x Shirodhara – medium	€330.00
• 2 x Svedana	€290.00
• 1 x Pizhichill	€445.00
• 2 x Matra-Basti	€272.00
Total	€2,470.00*

COMPLETE PANCHAKARMA

Maximum success with a profound regulating and preventive effect

10 days Panchakarma (example)

For effective revitalisation

• 1 x Udvarthana	€312.00
• 4 x Abhyanga – Pitta	€1,092.00
• 2 x Shirodhara – medium	€330.00
• 1 x Svedana	€145.00
• 2 x Matra-Basti	€272.00
• 1 x Shodana-Basti	€136.00
• 1 x Vishesh	€275.00
• 1 x Padabhyanga	€145.00
Total	€2,707.00*

14 days Panchakarma (example)

Effective cleansing cure for the individual treatment of health disorders

• 2 x Udvarthana	€624.00
• 5 x Abhyanga – Pitta	€1,365.00
• 2 x Vishesh	€550.00
• 3 x Shirodhara – medium	€495.00
• 2 x Svedana	€290.00
• 3 x Matra-Basti	€408.00
• 2 x Shodana-Basti	€272.00
• 1 x Nasya	€240.00
• 1 x Padabhyanga	€145.00
Total	€4,389.00*

21 days Panchakarma (example)

A holiday for your health. Relaxation and revitalisation at the highest level

• 1 x Shiroabhyanga	€125.00
• 3 x Udvarthana	€936.00
• 8 x Abhyanga – Pitta	€2,184.00
• 2 x Vishesh	€550.00
• 3 x Shirodhara – medium	€495.00
• 3 x Svedana	€435.00
• 4 x Matra-Basti	€544.00
• 3 x Shodana-Basti	€408.00
• 3 x Nasya	€720.00
• 2 x Padabhyanga	€290.00
Total	€6,687.00*

* The overview of package costs including including medical fees, full board, supporting programme and accommodation at Häcker’s Grand Hotel can be found on page 5.

In the case of particular health disorders, the attending doctor may, in consultation with you, recommend additional or fewer therapies in order to further increase the success of the therapy. The total price of the treatments may therefore be higher or lower.

III. FULL BOARD & SUPPORTING PROGRAMME

Gourmet full board from the in-house kitchen of the Maharishi Ayurveda Privatklinik: €78.00 per day.
Healthy, delicious Ayurvedic menus incl. all Ayurvedic drinks for the full success of your treatment.

The Maharishi Ayurveda Health and Seminar Centre accompanies the Panchakarma therapy with an extensive **supporting programme**.

The daily flat rate is charged for every night, regardless of which individual offers are used, and amounts to €21.00.
It includes the following services:

- Yoga and breathing exercises
- Gandharva Veda music therapy
- Video basic course on Maharishi Ayurveda
- Various lectures by our doctors, health advisors or seminar leaders
- Personal and individual guest care
- Hot water room service, twice daily
- Ayurvedic tea bar
- Music and Ayurveda lending library
- Spa concerts in the spa park or in the Marble Hall



Yoga asanas

IV. HOTEL PRICES (accommodation only)

Exclusive rooms

Double room	€134.00 p.p.
5 nights or more	€131.50 p.p.
Single room	€146.00 p.p.
5 nights or more	€141.00 p.p.
Double room for single use on request with the hotel	

Suite

Double room junior suite	€150.00 p.p.
or grande suite	€194.00 p.p.
Single room junior suite, suite on request with the hotel	
Suite as double room	€169.00 p.p.





Use of the wellness facilities, including the thermal pool and sauna area, is included in the hotel price.
Room rates apply per person and day and depend on the room category.
Accommodation plus spa tax is invoiced directly by Häcker's Grand Hotel.
Arrival and departure together are charged as one full day.



Indoor thermal pool



Whirlpool incl. outdoor sauna area



Indoor sauna area

V. PACKAGE COSTS

Two days Royal (example)

• Treatment costs	€858.00
• Full board incl. supporting programme	€198.00
• Medical fees	€239.00*
• 2 nights in a single room at Häcker´s Grand Hotel p.p.	€292.00**
Total price	**€1,587.00**

Three days Regeneration (example)

• Treatment costs	€1,023.00
• Full board incl. supporting programme	€297.00
• Medical fees	€239.00*
• 3 nights in a single room at Häcker´s Grand Hotel p.p.	€438.00**
Total price	**€1,997.00**

Five days Vitalisation (example)

• Treatment costs	€1,907.00
• Full board incl. supporting programme	€495.00
• Medical fees	€465.00*
• 5 nights in a single room at Häcker´s Grand Hotel p.p.	€705.00**
Total price	**€3,572.00**

Seven days Luxury Total (example)

• Treatment costs	€2,470.00
• Full board incl. supporting programme	€693.00
• Medical fees	€505.00*
• 7 nights in a single room at Häcker´s Grand Hotel p.p.	€987.00**
Total price	**€4,655.00**

10 days Panchakarma (example)

• Treatment costs	€2,707.00
• Full board incl. supporting programme	€990.00
• Medical fees	€565.00*
• 10 nights in a single room at Häcker´s Grand Hotel p.p.	€1,410.00**
Total price	**€5,672.00**

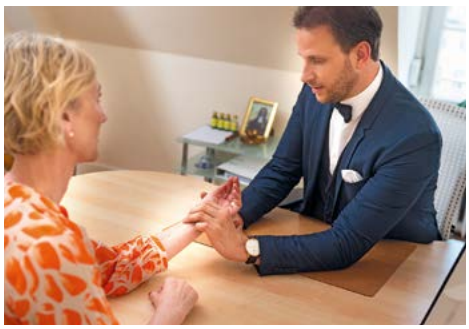
14 days Panchakarma (example)

• Treatment costs	€4,389.00
• Full board incl. supporting programme	€1,386.00
• Medical fees	€645.00*
• 14 nights in a single room at Häcker´s Grand Hotel p.p.	€1,974.00**
Total price	**€8,394.00**

21 days Panchakarma (example)

• Treatment costs	€6,687.00
• Full board incl. supporting programme	€2,079.00
• Medical fees	€785.00*
• 21 nights in a single room at Häcker´s Grand Hotel p.p.	€2,961.00**
Total price	**€12,512.00**

* Invoiced directly by Arztpraxis Aurel Christ.
** Invoiced directly by Häcker´s Grand Hotel.








GENERAL TERMS AND CONDITIONS

§1 Legal basis
The provisions of German contract law apply, subject to the following:

§2 Prices
The contractually agreed services are determined by the description in the current price list and by the details of the booking confirmation sent to you, which refers to it.

The price covers the respective length of stay with the contractually agreed treatments, the booked board and the supporting programme. An extension of the stay, additional therapies and additional medical services are invoiced separately.

Bookings: You can book in writing, by e-mail or by telephone. On receipt of your booking confirmation, your booking becomes binding and a deposit of €500 is due.

You may withdraw your booking informally in writing up to seven days after receipt of the booking confirmation. However, the withdrawal period ends no later than five weeks before the date of arrival, as this is when we plan the doctors' appointments and the treatment, menu and staff schedules.

Please understand that we charge a flat fee of €51 for changes to a booking.

§3 Cancellation
A complete cancellation of the booking must be made in writing. The costs of withdrawal or termination depend on the booked scope of services and are calculated as follows:

Cancellation before arrival:

- up to 4 weeks before arrival 10 %
- up to 2 weeks before arrival 30 %
- 13 to 4 days before arrival 50 %
- 3 days or less before arrival 75 %

In the event of non-arrival, we charge 80 % of the total costs; in the event of early departure, 80 % of the services not used.

If the contract is terminated or the contractually agreed services are not used, the guest bears the burden of proof that no loss has resulted from the termination or non-use, or that the loss is substantially lower than the cancellation flat rates stated in §3.

We will of course also accept a substitute person of the same sex if you are unable to take the cure yourself.

We are also happy to recommend inexpensive travel cancellation insurance.
For patients who require special care, a surcharge is charged in line with the additional effort.

§4 Notification of defects and warranty
During the stay: if a guest is dissatisfied with any service provided by our facility during the stay, this must be reported immediately so that the matter can be remedied on site without delay.

§5 Cancellation of treatments during your stay
If Ayurveda treatments are cancelled at short notice during your stay without a medical indication, we charge 80 % of the treatment costs if the treatment was not cancelled by 12:00 noon on the previous day.

§6 Data protection
Without your express consent, we will collect, store and use your data solely for processing your order or booking or for our own information purposes.

If you wish your personal data to be deleted, blocked or amended, please let us know by e-mail: info@ayurveda-badems.de.

§7 Applicable law
German law applies.

§8 Operator information
These general terms and conditions apply both to **Maharishi AyurVeda Privatklinik Bad Ems GmbH**, HRB Koblenz 4569, place of performance Bad Ems, VAT ID: DE 149321178
and to **Arztpraxis Aurel Christ**
Am Robert Kampe Sprudel · Postfach 1330
D-56120 Bad Ems

Managing directors: Lothar Pirc, Daniel Pirc
Chief physician: Aurel Christ

This price list is valid from 1 January 2026. All previous price lists are hereby invalidated.
Subject to change, errors and misprints. Our general terms and conditions apply.



We will be happy to advise you:
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